

## In Preparation for the Personal Directive and Enduring Power of Attorney Class

Before attending our **Personal Directive and Enduring Power of Attorney** class we wanted to take an opportunity to provide some additional information on what you can expect.

In this class you will learn about and complete your Personal Directive and Power of Attorney documents. Please be sure to bring government issued photo ID with you as it will be required to complete these documents.

### What is a Personal Directive? What is an Enduring Power of Attorney?

**Personal Directive** – a document to name someone to make *personal decisions* for you in case you become incapable due to illness or injury.

**Power of Attorney** – a document to name someone to make *financial decisions* on your behalf if you become incapable due to injury or illness.

You can choose one or more people for each role, and you can choose if they must act together or if they can act separately. You can also choose the same or different person(s) for each of these roles.

### Please identify one (or more) people *in advance* of the workshop.

- This person(s) must be 18+
- Please have a conversation with that person to ensure they are *willing* and *able* to be designated to this role.

### Factors to consider when choosing someone to make personal and/or financial decisions for you:

- Is this person honest, trustworthy and responsible?
- Do they know me well enough to know my wishes or to understand and interpret my instructions?
- Does this person know how to manage money and property? Do they do it well for themselves?
- Do they have any personal issues (e.g. financial problems or health concerns) that may interfere with them acting in your interests?
- Is this person articulate and assertive?
- Does this person understand the duties and responsibilities involved?
- Does the person have the time to handle your money and property as well as their own?
- Does this person live nearby and is he or she easy to contact and readily available?
- Has this person carried through on important decisions or duties in the past?
- Has this person agreed to take on the responsibility?

We will thoroughly review each document in class and guide you through completing them. If you would like further information, these websites may be helpful:

- [Government of Alberta – Personal Directives](#)
- [Government of Canada – Power of Attorney](#)
- [Centre for Public Legal Education Alberta – Power of Attorney](#)
- [Centre for Public Legal Education Alberta – Personal Directive](#)